

An illustration of numerous hands of various skin tones reaching upwards, holding different types of bowls and cups, some blue and some orange. The hands are adorned with various colorful bracelets and bangles. The background is a solid dark red color.

WORLD HUNGER: THE CONTINENT OF ASIA

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General World Hunger

- 10.7 percent of the world suffered chronic malnourishment in 2016
- 815 million out of 7.6 billion people in the world
- The prevalence of malnourishment is highest in Africa
- The highest number of malnourished people is in Asia
- 9 million people die of hunger each year



Hunger Map 2017



This map shows the prevalence of undernourishment in the total population, 2014-16. Undernourishment is defined as the condition in which an individual's habitual food consumption is insufficient to provide the amount of dietary energy required to maintain a normal, active, healthy life. The indicator of prevalence of undernourishment (PoU), is an estimate of the proportion of the population that has been in a condition of undernourishment over the reference period (usually one year). Source: FAO, IFAD, UNICEF, WFP and WHO, 2017. The State of Food Security and Nutrition in the World 2017. Building resilience for peace and food security. Rome, FAO.

Further information is available at www.fao.org/state-of-food-security-nutrition

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The designations and material presented on this map does not imply the expression of any opinion whatsoever on the part of WFP concerning the legal or constitutional status of any country or territory or the position of its authorities.

* A dispute exists between the Governments of Argentina and the United Kingdom of Great Britain and Ireland concerning sovereignty over the Falkland Islands (Malvinas).

** Estimated figures representing the division of domestic, foreign and foreign aid agency funds and Pakistan. The final status of Pakistan and Kashmir has not yet been agreed upon by the parties.

*** Food sovereignty between the Republic of Sudan and the Republic of South Sudan has not yet been determined.

Important Common Causes of Chronic Hunger

1. Poverty Trap
2. Lack of Agriculture Investment => food desert
3. Climate and Weather
4. War
5. Unstable Market
6. Food Wastage



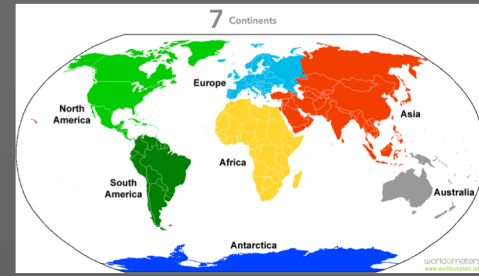
Primary Symptom of Chronic Hunger: Malnutrition

- Common Deficiencies
 - Iron
 - Vitamin A
 - Iodine
 - Zinc



Hunger in Asia

- cover's 30% of the world's total land area
 - holds 2/3 of the the world's hungry people
 - 12% of Asia (512 million/4.5 billion) are experiencing hunger
 - 9% malnutrition
 - close to all of the world's malnourished children are in Asia (70%)



South Asia

- India, Bangladesh, Bhutan, Maldives,
- Nepal, Pakistan, Sri Lanka, Afghanistan
 - 1.9 billion population
 - 281 million / 512 million (55%)

Region	Undernourished (millions of people)	Undernourished (% of population)
Caucasus and Central Asia	5.8	7
Eastern Asia (exc. China)	11.3	14.6
China	133.8	9.3
South Asia	281.4	15.7
South East Asia	27.8	9.8
West Asia/ Middle East	17.9	3.4

Hunger in Asia: Causation

- Access
 - lack of affordability / poverty
- Utilization
 - metabolism of food ~ processed foods
 - sanitation & hygiene ~ open defecation in rural regions (SA) -> infections -> malabs
- Knowledge
 - women unable to have same access to healthcare, information, education
> affects them and their children
- Availability
 - food scarcity / famine in rural regions (SA)



Hunger in Asia: Effects

- Stunting - child too short for their age (78 million)
 - chronic hunger & malnutrition during early years
- Wasting - child too thin for their height (35 million)
 - chronic hunger
- Vitamin & Mineral Deficiencies
 - Vitamin A -> inc mortality & blindness risk
 - Zinc -> inc infection risk
 - Iron -> anemia -> slower brain development & pregnancy issues



most common in
South Asia



Global Assistance: World Food Programme

- Assists 91.4 million people in 83 countries each and every year
- Main focus on emergency services in conflict-affected countries
- Many of the efforts are directed towards mothers and their children
- 18.3 million children receive food yearly from the WFP



Assistance within different areas of Asia

- For example, India has one of the world's fastest growing economies yet continues to suffer greatly from hunger and malnutrition
- 60 million children under the age of 5 within India suffer from stunting
- Action Against Hunger has been active in India since 2010



Meal Managers

- Write to Congress! Show your support for assistance programs and help spark change
- Be an advocate, help educate, and continuously learn
- Get involved with meal packing events

